

## Healthcare, Wellbeing and Christian Spirituality (TMM49320)

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Module Level: 7

Module Credit Value: 20

Pre-requisites: None

Co-requisites: None

Excluded Combination of Modules: None

Aims:

- To enable students to evaluate the contribution of Christian understandings of spirituality to healthcare and wellbeing practices and industries.
- To enable students to critically question whether Christianity nurtures human flourishing and wellbeing.
- To enable students to understand practices within (and adjacent to) Christian spirituality such as spiritual accompaniment (or direction), counselling, and psychotherapy and the relationship between such practices.

Content:

Students will explore the relationship of Christian Spirituality with healthcare and wellbeing by considering:

- Theological and other (e.g. psychological and medical) understandings of topics such as human personhood, flourishing, healing, wholeness and wellbeing
- The relationship between Christian practices, wellbeing and human flourishing.
- The relationship between Christian practices and other practices promoting wellbeing such as counselling, psychotherapy and mindfulness
- The place of spirituality in healthcare, including the role of chaplains and other religious leaders in healthcare settings

Learning Outcomes: By the end of this module students will be able to:

***Subject Knowledge [SSK 1, 3]***

Demonstrate a systematic understanding and depth of knowledge of how Christian spirituality and spiritual practices relate to wellbeing in a range of contexts including healthcare, informed by current research.

Demonstrate an understanding of a range of methods applicable to the study of Christian spirituality and its intersection with issues of healthcare and wellbeing.

***Subject-Specific Skills [SSS 2, 3]***

Drawing on theological and other disciplines, apply their depth of knowledge to propose how human wellbeing can be fostered by Christian spiritual practices.

Reflect theologically in a sophisticated and rigorous manner, exercising sound judgement when engaging systematically and creatively with situations in which Christian spirituality intersects with issues of healthcare and/or wellbeing.

***Key Skills [KS 1, 2, 3]***

Carry out systematic and creative research into complex issues and communicate their findings with clarity, sensitivity, fairness and imagination

Demonstrate initiative, self-direction and independence in tackling and solving problems, and in planning and implementing tasks

Exercise their independent learning skills to pursue further professional development or academic study

Modes of Teaching and Learning

Teaching methods to be specified by each TEI, using the 'Guidelines for Modes of Teaching and Learning'.

Learning Hours

Learning hours to be specified by each TEI using the 'Guidelines for Learning Hours'.

Formative Assessment

Formative assessment to be specified by each TEI in line with the published guidelines on formative assessment.

Summative Assessment

Summative assessment to be specified by each TEI using the published guidance on assessment patterns for postgraduate modules.

Indicative Reading:

Indicative reading to be specified by each TEI in line with the published guidelines on creating bibliographies for undergraduate modules.