

Counselling and Mental Health Service Data

Table 1. Summary

Academic Year ¹	2024-25	2023-24	2022-23	2021-22	2020-21	2019-20	2018-19
Total no appointments & consultations²	5,003		14,734	16,323	13,360	12,891	7,580
Appointments - Attended	4023		13296	12820	10121	9400	6,754
Appointments - Did Not Attend	331		678	746	609	693	525
Appointments - Cancelled ³	649		760	563	289	334	301
Average Sessions per student	2		5	5	5	5	4
Total No. of Students Known to the Service⁴	2604	2705	2443	2411	2162	1954	1,862
% of total student population	12.5%	12.5%	11.0%	10.8%	10.7%	10.1%	10%
Female Students	1594	1705	1586	1584	1419	1297	1,187
Male Students	1009	974	850	812	735	646	672
Other	1	1	7	15	8	11	3
Not available	0	25					
No. Undergraduates	2041	2219	2070	1737	1583	1589	1,478
% Undergraduate population	12.4%	13.0%	11.7%	10.1%	9.9%	10.9%	10%
No. Postgraduate Research Students	177	169	146	148	141	136	136
% Postgraduate Research population	11.6%	10.9%	9.1%	8.9%	8.6%	8.8%	8.8%
No. Postgraduate Taught Students	381	314	227	194	163	182	185
% Postgraduate Taught population	13.8%	10.9%	8.4%	6.3%	6.6%	6.2%	7.0%
No. Graduate Students	0	0	0	331	275	46	60
No. Distance Learning	5	3	0	1	0	1	3

1. From 2021-2022, data is reported from 1 September to 31 August. In 2020-2021, academic year dated 28/09/20 - 26/09/21. In previous years' figures, academic year dated from 1 October to 30 September

2. Sessions include counselling, mental health advisory and psychological wellbeing appointments, and consultations between staff or third parties. From September 2024, mental health advisory appointments and staff consultations are not included.

3. These are only the cancelled appointments that we were not able to reassign. The majority of cancelled appointments are re-allocated.

4. Students seen for individual sessions or brought to service attention by staff members or third parties (to register concerns or for advice)

5. Appointment information is not available during academic year 2023-2024 due to a change in operating system.

6. Agency counsellors were supporting students to cover extended staff sickness levels between January and July 2025